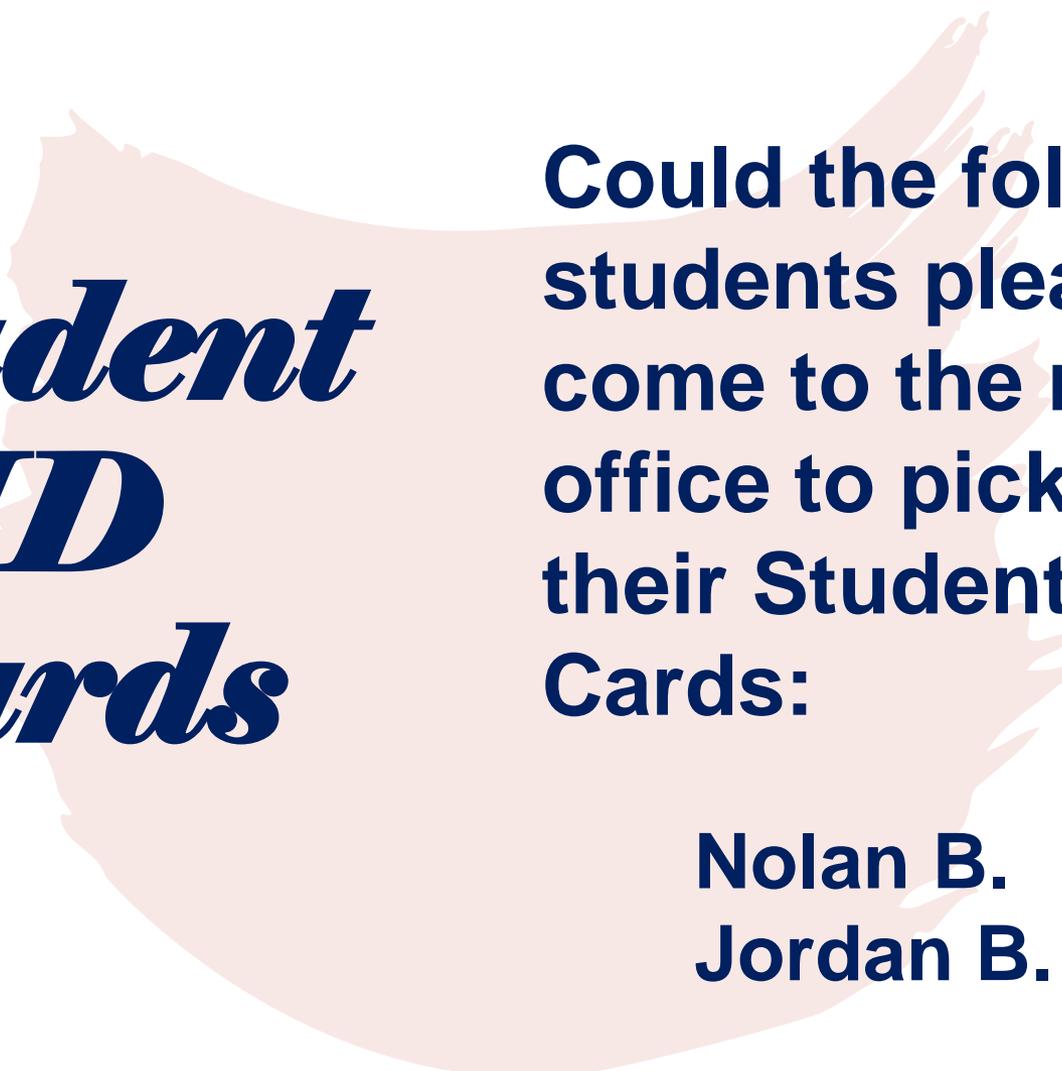




February 2022

BELL SCHEDULE

PERIOD 1	7:59 am - 9:12 am
PERIOD 2	9:16 am - 10:29 am
FLEX	10:29 am - 10:58 am
PERIOD 3	11:02 am - 12:15 pm
LUNCH	12:15 pm - 12:55 pm
PERIOD 4	12:59 pm - 2:11 pm
PERIOD 5	2:15 pm - 3:27 pm



Student ID Cards

**Could the following
students please
come to the main
office to pick up
their Student ID
Cards:**

**Nolan B.
Jordan B.**



fraserhealth

Better health. Best in health care.

Immunization Make-up Day **February 24**

Reminder for grade 9's & grade 10's to drop off their completed Fraser Health consent forms at the office.

**KODIAK
Good Deeds**

- **The following students are asked to please come to the main office:**

**Nathan F.
Marko D.**

CLUBS



Do **YOU** want to organize the next
MOVE4MANA challenge?



SIGN UP FOR IDS PHILANTHROPY

Why take the course?

- Gain in leadership & communication skills
- Make a global impact
- Looks great on university apps!
- Meet and collaborate with like-minded student leaders

Interested or have questions?
Come talk to Ms. Nunn in **room 109** to pick up an application form **AND** put IDS Philanthropy on your course request forms!

KODIAK ATHLETICS



HERITAGE WOODS GOLF

A silhouette of a golfer in mid-swing is positioned on the right side of the slide. The background features a sunset with a bright sun low on the horizon, creating a gradient from light yellow to a pale blue sky. The golfer's shadow is cast on the ground below.

Attention golfers: if you're interested in competing on our school golf team this year, please attend a meeting this Friday, Feb 18th at the beginning of lunch in the gym. (This is not a learn-to-golf program; it is for experienced golfers only.)



Badminton

If you're interested in playing badminton this year, please attend a meeting this Friday, Feb 18th at the beginning of lunch in the gym.



Congratulations!!!



**Congratulations to the Girls Curling Team for their
Bronze medal in the Fraser North Curling
Championship:**

Ashley F, Soniya T, Abby R and Emily M

**Congratulations to the Boys Curling Team for their big
win yesterday!**

Andrew A, Ethan C and Evan F

2022 Fraser North Zone Wrestling Qualifier Results

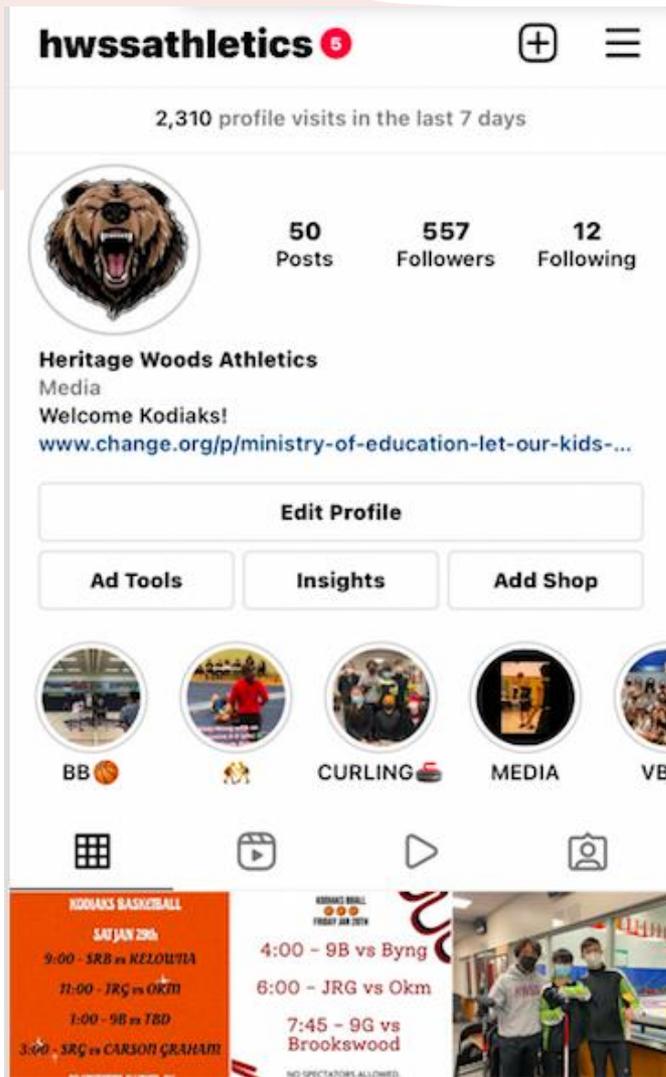
Congratulations to the following students who competed at the Fraser North Zone Wrestling Qualifier.



Max O, 48 kg, Gold, 2022 Zone Champion
Jonas M, 57 kg, Gold, 2022 Zone Champion
Marcus L, 54 kg, Silver
Nate M, 60 kg, Silver
Alexandra L, 51 kg, Silver
Andy W, 78 kg, Bronze
Xavier L, 70 kg, Bronze
Logan C, 63 kg, 4th
Yashar J, 54 kg, 4th
Micah B, 63 kg, 5th

They have qualified to compete in the 2022 BC School Sports Wrestling Championships Feb 24 – 26 at the Pacific Coliseum. We wish them all good luck!

We also want to recognize that the Team Score for Boys won Second Place and the Aggregate Score won Third Place – both scores are the best placing for Heritage Woods in a Zone Qualifier - **CONGRATULATIONS!!!!**



FOLLOW @HWSSATHLETICS

- School-wide athletics account with wide range coverage on Kodiak athletes and teams
- Features: Livestreams, team tryouts info, game schedules, score updates, highlights, etc.
- FOLLOW @HWSSATHLETICS and keep up with all of the Kodiak Athletics!